



# Volunteer Sign Up Sheet

NAME: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

PHONE #: \_\_\_\_\_

What are you looking to do? (Circle any that apply)

Sorting/Unloading

Working with clients

Driving/Pick-ups

Heavy Lifting

Events/Food Drives

Cleaning

What hours can you work? (Check any that apply & please fill out what hours you are able to work for the morning/evenings if not already listed)

Monday	8:30am – 11:30am <input type="checkbox"/>	Evening <input type="checkbox"/>	Hours:
Tuesday	Morning <input type="checkbox"/>	Evening <input type="checkbox"/>	Hours:
Wednesday	8:30am – 11:30am <input type="checkbox"/>	Evening <input type="checkbox"/>	Hours:
Thursday	Morning <input type="checkbox"/>	Evening <input type="checkbox"/>	Hours:
Friday	8:30am – 11:30am <input type="checkbox"/>	Evening <input type="checkbox"/>	Hours:
Saturday	Morning <input type="checkbox"/>	Evening <input type="checkbox"/>	Hours:
Sunday	Morning <input type="checkbox"/>	Evening <input type="checkbox"/>	Hours: