



Volunteer Sign Up Sheet

Date: _____

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL ADDRESS: _____

What are you looking to do? (Circle any and all that apply)

Sorting/Unloading

Working with Clients

Driving/Pick-Ups

Heavy Lifting

Events/Food Drives

Cleaning

Please indicate below the days and hours you are available. Please indicate all that apply.

Monday	<input type="checkbox"/>	8:30 – 11:30 a.m.	<input type="checkbox"/>		
Tuesday	<input type="checkbox"/>	9:00 a.m. – 12:00 pm	<input type="checkbox"/>		
Wednesday	<input type="checkbox"/>	8:30 – 11:30 a.m.	<input type="checkbox"/>		
Friday	<input type="checkbox"/>	8:30 – 11:30 a.m.	<input type="checkbox"/>		